

Liddle Kidz® Infant Massage Techniques

(1) Begin Slowly



(2) Hand, Back, Chest



(3) Hand, Back, Abdomen



(4) Both Hands on Chest



(5) Both Hands on Feet



## (6) Both Hands on Shoulders



## (7) Head and Feet



## (8) Head and Buttocks



## (9) Nurturing Touch

