

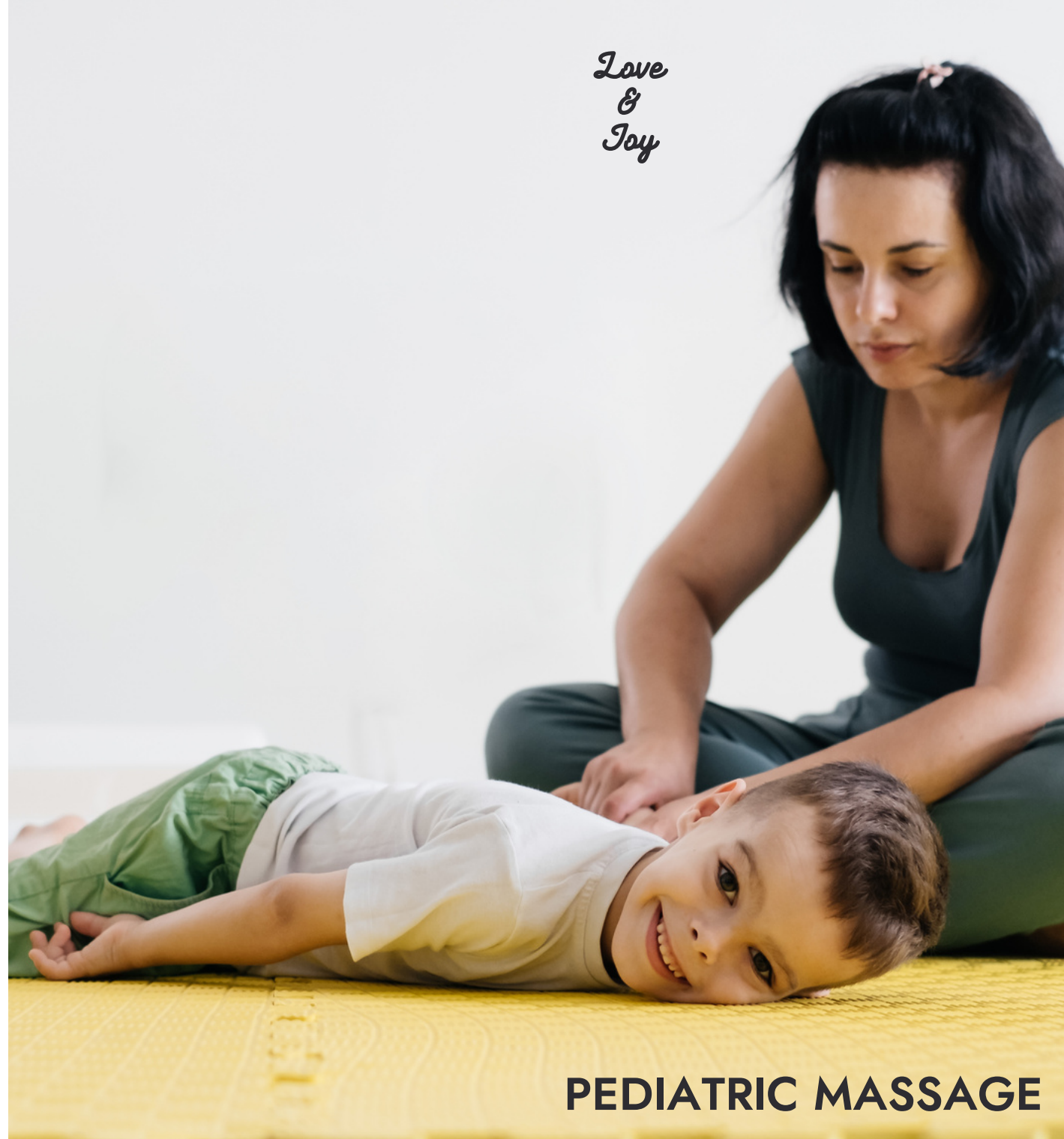
What is Pediatric Massage Therapy?

Pediatric massage is specifically intended to promote health and well-being for children and adolescents.

Certified Pediatric Massage Therapists (CPMT®) have received specialized training to provide pediatric massage.

The aim of pediatric massage is typically to help provide comfort and pain relief to children who may have an illness, injury or medical condition.

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PEDIATRIC MASSAGE

About Us

Sabrina Smith, LMT, CPMT® has been practicing massage therapy for five years in the greater Los Angeles area.

Sabrina Smith has trained and become internationally certified as a CPMT®, Certified Infant Massage Therapist, by the world-renowned Liddle Kidz® Foundation.

The Liddle Kidz® Foundation is the premier organization for Pediatric Massage and Touch Therapy professionals worldwide.

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EXPECTATIONS

Pediatric patients will be clothed at all times. The massage techniques will be performed with the child in a safe and comfortable position. Sessions usually are shorter and may include education for the parent(s) on how to provide massage.

UNIQUE APPROACH

Children are more than just small adults. They have unique developmental needs - physically, mentally and emotionally. Massage therapy is adapted to the individual needs of each child.

BENEFITS

Clinical research has shown that providing massage therapy for a child may provide pain relief, soothe common discomforts, aide restful sleep, improve immune system function, contribute to healthy digestion and promote optimal development.

MEDICAL ADVICE

A CPMT® only performs therapeutic techniques within their scope of practice. They do not provide diagnosis, prescribe or recommend medications. Massage is provided as an adjunct therapy and does not replace other medical care.