

Little Hearts:  Baby Spa

We teach you how to safely and effectively massage your baby.

Join us and learn how you can use Touch Therapy to enhance your family connection.



Learn more:

123 Anywhere St., Any City, ST 12345  
+123-456-7890  
hello@littlehearts.com  
www.littlehearts.com

# Benefits of Baby Massage

Little Hearts:  Baby Spa

# The Benefits

## Bonding

Focused time together with caregiver Promotes secure attachment, self-esteem and respect

## Relaxation

Heightens sense of well being Produces Oxytocin

## Communication

Provides special time for communicating verbal and non-verbal cues

## Fun

Special time between caregiver and baby, and provides nurturing interaction as the baby grows!